

# Tent Ridge Horseshoe

## Hike Details

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- **Location** – Kananaskis Country
- **Distance** – 10.1 KM
- **Elevation Gain** – 900 Meters
- **Time** – 4 to 6 hours
- **Type** – Loop
- **Best Season** – July to September

## How To Find The Trailhead Parking Lot

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### Driving Instructions

1. From Highway 1, go south on Highway 40 for 49 kilometers
2. Turn right (west) onto Kananaskis Lakes Trail (AB-742)
3. Drive 2.2 kilometers
4. Turn right (north) onto Smith Dorrien Trail (AB-742)
5. Drive 30 kilometers
6. Turn left (west) at Engadine Lodge turnoff
7. Drive 1.8 km
8. Park at the parking lot on your right (wide spot in the road)

## How to Complete The Hike

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I recommend that you do this hike clock-wise as the climbing is more spread out, you ascend the most technical parts of the hike (some scrambling is required) and the views keep getting better as you go along the ridge of the horseshoe.

When you exit the car, start walking back towards Engadine Lodge for about 300 meters. A small sign about keeping your dog on a leash will be on your right, this is the start of the hike. There is no sign with the name of the trail at the beginning or the end of the hike.

When you come to the end of the horseshoe, it is time to descend by following the snaking path through the scree and sand back to the tree line. Once you're off the horseshoe arm, take the trail that goes across the ridge about halfway and then head down to the tree line when you hit the bottom of the V avalanche path and see

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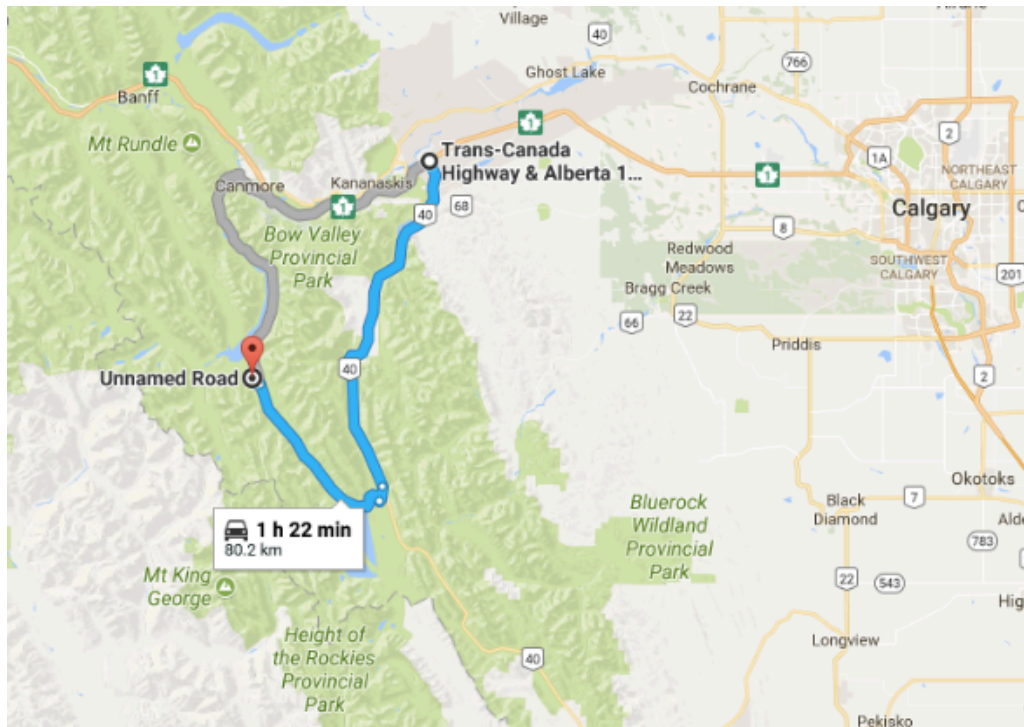
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some large rocks below; the trail back through the trees is to the right of the large rocks below.

About 300 meters from the end of the hike, you will encounter what looks like a fire road or cut line, go right. The parking lot is about 300 meters up the road.

## Google Map to the Trailhead

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## What to Bring on The Hike

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**Windbreaker / Jacket.** It is really windy on the ridge. The day we hiked it was 26 degrees, but I was glad for the lightweight jacket I brought along. After sweating your way to the top, you can get really cold quite fast when the wind hits you.

**Extra water.** The hike may only be just over 10 km, but you'll be glad for the extra water. You're climbing and descending constantly and the wind dries you out.

**Gloves.** This is optional in my opinion, but if you want extra grip for scrambling or to protect your hands from sharp rocks as you climb up the first shoulder and the summit halfway through the horseshoe, gloves are a good idea.

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